

# NURSING WITH A DIFFERENCE

TRUST Established in Delhi 1998

*"Let Each Day Be Your Masterpiece" Galatians 6:9*

## The Authority of Reality Nursing in Meghalaya "The Abode of the Clouds"

Sonia D Kapoor

My Utmost for His highest.

*"The moments when I truly live are the moments when I act with my whole will."*

Oswald Chambers

### Keep to the Point

Several consecutive months of hurdles had eaten into *Nursing With A Difference* time schedule, leaving a three month constraint in which to fulfill our commitment to Meghalaya and Tripura.

Telephone contact established with the Assistant Director Nursing Meghalaya, and the Nursing Superintendent Tripura, confirmed the need and their approval of our plan. [Appendix I]

Time and energy constraints coupled with the Trusts commitment to give our best, forced the costly decision to fly to Guwahati, a distinct contrast to our usual ordinary second class train journeys.

Manifold blessings commencing with unprecedented care and courtesy by airport staff, provision of car and driver on arrival in Guwahati followed by the expert management, receipt, storage and dispatch of packages for both States, as well as attention to every possible need by a business director and his wife met only briefly during our Assam exercise, confirmed without doubt that the gracious hand of our God was upon us.

The reception, arrangements, and thoughtful compassionate care and assistance accorded me by Nurses and others in Shillong, and throughout all the districts of Meghalaya, were constant reminders of the effectual working of God's power and love for Nurses.

There is no one action that allows God to fulfill His good pleasing and perfect will in Nursing, rather it is the multi-faceted contribution and interaction of each one that reaches out to both give and receive so that all may be truly blessed.

Delay in completing this resume, while sincerely regretted, was due entirely to subsequent stretching to the limits one's endurance. Unfortunately this necessitated a prolonged period of rest and regeneration.

This resume and recommendations aim at presenting facts, examining some of the issues, sorting fact from fiction, and seeking to look beyond the symptoms and problems, to the root and heart of the issues that Nurses in Meghalaya grapple with.

During the many two hour sessions with Nurses, and multiple individual session, the importance of giving people a chance to act on the truth of God was recognized and appreciated. The responsibility must be left with the individual for you cannot act for him, it must be his or her own deliberate act.

We kept to the point when sharing, the challenge is to *keep to the point* while endeavoring to highlight the key points out of so much sharing.

## Meghalaya Leads the Way in Color

Nursing With A Difference appreciates the camera gifted by a colleagues family, regretting only that with so much to do in each District and Institution, much in Meghalaya that could have been an inspiration to Nurses in other States was not photographed.

The Ministry of Health entrance and stairway is exceptional with photographic displays showing great sensitivity and understanding of people. Each inspiring and encouraging positive behavioral change.

These dynamic photo-cum- messages are placed in strategic positions in and around Health Institutions in Shillong, the Capital, as well as in all other cities and villages.

An example the National Ministry of Health and Family Welfare in Delhi, as well as in all other States and Institutions, would do well to emulate, as the teaching value far exceeds what is currently available



### Health Education directed towards desired behavioural changes

The impact of real life makes Health Education publicity attractive and meaningful as it relates script to individuals, children and families,

This method of conveying the truth avoids the blatant, sexually stimulating stick presentations of AIDS prevention posted e.g., in the environs of major health institutions in Delhi.

The message conveyed to often the opposite of that required. The money spent on so called "Health promotion" provokes passive or negative reactions and actively promotes wrong behaviors.



### Cleanliness and Beauty Reinforce Health Education publicity

The District Headquarters Civil Hospital Tura, set in the beautiful West Garo hills, which, in character with the rest of Meghalaya, are crystal clear rivers, streams and waterfalls.

In the heart of the Garo multi-Tribal community is this well constructed, well designed, attractive clean hospital and environment, kept bright and welcoming with succulent green foliage and bright flowers.

There is no doubt that these Tribal peoples demonstrate in their care and maintenance of Health Institutions that they have something of real value to offer most, if not all, other States and Union Territories the Nation.

