

PART 2 *Look again and Concentrate*

Institutions Visited in Meghalaya

District	Institution	Groups	Participants
East Khasi Hills	Civil Hospital	3	31
Shillong	Civil Hospital SON	1	3
	Khasi Jaintia Presbyterian Synod Hospital	4	91
	T.B. Hospital	2	3
	National Indira Gandhi Research Institute of Medical Services	3	14
	NIGRAMS College of Nursing	1	2
	Ganesh Das Hospital	4	19
	FHW	1	7
	SON	1	5
	Military Hospital	2	4
	Jaintia Hills	KJPS Jowhai Mission Hospital	3
Jainti Hills PHC, CHC & HE		1	44
Civil Hospital		1	4
Ri Bhoi Hills	Civil Hospital	1	3
	PHN joined with Jainti Hills group	1	3
West Khasi Hills	Nongstoin Civil Hospital	1	10
West Garo Hills	Tura Civil Hospital	3	20
	Tura Christian Hospital	5	39
	Holy Cross	1	9
East Garo Hills	Willaim Nagar Civil Hospital	1	11
South Garo Hills	Baghmara Civil Hospital	5	9
		45	362

The above figures do not include the large number of professional interactions with one or more Nurses, including many student Nurses, which varied from ½ hour to 4 hours.

NWAD Resources Donated	Total	Value in Rupees
Sets of six Modules donated	214	74,900.00
Odd Modules (Approx.) e.g. 5 Modules were given to Nazareth Hospital who had previously purchased one complete set of six even though no program was conducted.	60	3,600.00
Song Books	1,100	22,000.00
		Rs.1,00,500.00

Donations Received

NWAD acknowledges with sincere thanks the generous contribution of individual Nurses in Meghalaya that amounted to Rs.4,100 (Rupees Four thousand one hundred) receipts were issued and these donations will go towards helping Nurses in Sikkim later in 2006.

Crossing Barriers

Gideon's International gifted 200 New Testaments for NWAD to distribute in Tripura. Nurses appreciated the specific aids for practical and relevant help in this resource and were willing to share, however, almost all Nurses were disappointed in not being able to receive a personal copy or even one for each Ward, Unit or Clinic.

NWAD appreciates the confidence Gideon's International placed in them by making this much valued resource used by millions of Nurses worldwide, available for Nurses in Tripura and appreciated their unsuccessful effort to get the 200 copies released in time for distribution to Nurses in Meghalaya.

Resources produced for Nurses should reach Nurses

Gracious generosity and goodwill

Packing, cartage, labour and travel Expenses were greatly reduced through the most unexpected and generous help of countless people.

While it is not possible to record accurately all the details of help received the following list constitutes that which saved NWAD thousands of Rupees and for which all Nurses need to be aware as a powerful reminder of the goodwill and appreciation that these good folk have for Nurses and Nursing:

Crossing Borders

The Managing Director for the whole of the North East of a large National Firm:

1. Made his car and driver available in Assam from point of arrival to departure.
2. This kindly gentleman with his gifted wife and wee daughter provided the comfort and blessing of their lovely home, including the use of telephone, extensive valuable information, and much needed rest for two days on arrival and two days prior to departure from the North East.
3. In addition he arranged collection and transfer of 17 large packages from the Guwahati Railway Goods Depot, to Godown before arranging for me to merely ensure the correct packages were dispatched to Meghalaya and to the godown in Silchar until a venue in Tripura had been arranged.
4. This wonderful help continued until the packages were safely delivered to the assigned venues in both Meghalaya and Tripura. So many workers involved and all free of cost to Nurses.

This was without doubt the most extensive help with this mammoth and highly expensive exercise we have ever been privileged to receive, and for which the extra two days had been allowed.

This gentleman, with his family and his employees, *crossed every man made border* to express his solidarity with Nurses, and unity of responsibility for the quality of Nurses and Nursing, for the peoples of the nation, *in:*

- *States where all the borders are jealously guarded for insurgency,*
- *The business world, where 'Big Businesses' zealously guard profit margins,*
- *'Prestigious families' where help of value is discreetly administered to family members or when appropriate, where accolades of influence expect to precede future triumphs.*

NB this acknowledgement in no way under-rates the very much appreciated assistance in other States received from very busy Nurses and Indian Railway staff.

Drawing Together

In Meghalaya the wonderful provision of the permanent base and hospitality that Col. M.M. Lingdoh had arranged in her truly delightful family home, to say the least, made me feel like the Major General or a Queen.

Col.Lingdoh also took time to introduce me to the Assistant Director Nursing and other key Nursing personnel in the various health institutions in Shillong,

In addition Nurses families helping Nurses build a healthy Nation was fulfilled in a wonderful way with Col. Lingdoh's brother and nephew, day after day willingly carrying heavy bags and packages of modules and songbooks to taxis. This willing expenditure of energy for Nurses in so many ways, significantly conserved my energy and reduced stress.

Additional hospitality in the Jowai Mission Hospital and in The Christian Hospital Tura and with R.N Smt. Anothi R. Marak and family in Barghmara greatly helped to facilitate our meeting many more Nurses than would otherwise have been possible.

Nurses Crossing Borders

A quick trip to a Freedom fighter's memorial as dusk fell was thought provoking:

Barriers to Freedom

The young man faced with death stated "If my head turns to the right when my feet are lifted from the ground and the noose tightens India will get her freedom, but if my head turns to the left India will be in bondage for ever" The young man died - in due course India got her freedom.

In 2006 Nurse's heads are quickly turning from left to right and back, to be left with confusion, frustration and hard work as each new challenge emerges.

Daniel which means 'God is my Judge', throughout his personal experiences, as well as his prophetic visions, shows the reality of God's guidance, intervention and power in the affairs of men.

Let us unite in turning our heads upwards to receive the guidance, intervention and power so desperately needed in Nursing today.

Penetrating Barriers

An extremely hurried trip to the Siju Limestone Caves by courtesy of the SSP revealed uncontaminated water, amazing wonders of natural lime stone formations coupled with the fact that as yet no one has found the exit.

The last explorers were an International team who spent one whole month in the cave, complete with oxygen, but failed in their mission.

It was a privilege en route, to and from this wonder of God's unique and most inspiring creation to share with all the Police personnel stationed in the vicinity to safeguard the community and land of India from the forces of insurgency.

These men, responsible for both protecting and crossing borders, separated from home and loved ones while they face the rigors and grim reality of all that stems from BARRIERS and BORDERS responded with filial love to us before we united in prayer to receive the AGAPE Love of God.

A courtesy call on the SSP and his family underscored the stress of separation in family life when in a position of responsibility that involves executing true justice and mercy to approximately 78 people groups, 31 designated as Scheduled Tribes, the largest being the Khasi, Garo, Jaintias, and Hajong; plus Scheduled Castes and others who have crossed the borders for a better life.

All unwittingly caught in the demeaning mishmash of barriers to survival-religion, power and prestige.

Every Nurse has the professional capacity and responsibility to bring with sensitivity, the very special ministry of reconciliation into the total care of each patient or client. BUT...

...HOW

May Nurses better help Nurses equip themselves for this important formidable, and yet most rewarding aspect of Nursing?

Hosted to dinner in the delightful CHE-Roop Tour Centre, Thadlaskein, provided more food for thought. The business initiative of an entrepreneur had transformed this broken-down Government guest house in what had once been a most beautiful setting overlooking a lake.

The Nurses informed me that CHE-Roop means 'Together' a concept born out in the service and the environment. They recalled the changes from a Government to Private enterprise. The stark reality of what can best be termed 'A mean mentality' creating an unwarranted economic barrier that denies many access to a little comfort and pleasure, "Together" is now exclusive rather than inclusive.

IF, initially the environment and service were considered good,

AND whether then, or now,

It is men and women who make or brake an institution,

THEN Nurses do well

To consider the decline that is taking place in our Government hospitals.

To be strong with wisdom, and alert in guarding and developing our thinking in order to build.

And to refuse to contribute to the breaking of this most vital service for the majority of citizens.

While there is no adequate expression of appreciation to all the above, as well as for the many other 'Angels of Mercy' who helped along the way, the *Nursing With A Difference Trust Members with the writer*, are confident that, from the wonderful response of hundreds of Nurses in both Meghalaya and Tripura, the message from James 3:16-18 speaks for itself:

James 3:16-18

"For where envying and strife is, there is confusion and every evil work.

*The wisdom that is from above is first pure,
Then peaceable, gentle, and easy to be intreated,
Full of mercy and good fruits, without partiality,
And without hypocrisy.*

The fruit of righteousness is sown in peace of them that make peace."

Nursing With A Difference Trust offer our praise and thanksgiving for every contribution that helps any Nurse anywhere to be more effective. Our sincere prayer is that the Sovereign God will bless, one thousand fold and more, each person who contributes in any way what-so-ever, as well every member of their family and their employing agency.